

THE FIT EXPO™
GROUP TRAINING ZONE



	SATURDAY	Prize	SUNDAY	Prize
10:00	Workout & Win Kick Off Spartan Pancake Pass Cash Challenge with Katerina Kountouris	\$	Cancer Awareness Kick Off Workout & the Charity Wins \$1 Per Person ALL DAY	TFE Gives Back
10:30	EB30X With Eric Bassett	Sweet Sweat Money Bag	EB30X With Eric Bassett	Sweet Sweat Money Bag
11:00	Penalty Box Workout Featuring Product Creators Kris & Jay	One Winner Wins	b_inspired Yoga Katie B Happyy	Pink Towel
11:30	Celebrity Bootcamp Hosted by Eric the Trainer <i>Sponsored by FitX</i> Featuring Lita Lewis & Simon Carter	T-Shirt	Celebrity Bootcamp Hosted by Eric the Trainer <i>Sponsored by FitX</i> Featuring Lita Lewis and Mike Douglass	T-Shirt
12:00	Zumba® Dance Party Eliza Stone	50% off Zumba Training	STRONG by ZUMBA® Alex McLean	50% off Zumba Training
12:45	Product Palooza <i>Sponsored by Herbalife H24</i>	Exhibitor Prizes	Product Palooza <i>Sponsored by Herbalife H24</i>	Exhibitor Prizes
1:00	Booty Band Workout LiCi Fit	Booty Band	Booty Band Workout LiCi Fit	Booty Band
1:30	Spartan Strong – <i>Spartan in Studio</i> <i>Sponsored by UCSD’s Fit Life</i> Johanna Littlejohn	Spartan T-Shirt	Les Mills Body Combat <i>Sponsored by 24 Hour Fitness</i> Ana Malvaez	\$
2:00	<i>Spartan Strong – <i>Spartan in Studio (cont.)</i></i> Johanna Littlejohn	-	BOO-gie Down Trick and Treats Costume Family Fun Parade	Treats
2:30	Demo San Diego Gymnastic Team	-	Demo San Diego Gymnastic Team	-
3:00	Cardio Bandz Workout <i>Sponsored by G-Train Fitness</i> Garry Matthews	One Winner	Cardio Bandz Workout <i>Sponsored by G-Train Fitness</i> Garry Matthews	One Winner
3:30	Lex Twerk Out With Lexy Panterra	\$	Lex Twerk Out With Lexy Panterra	\$
4:00	WOW the Crowd Dance Fitness Workout Showcase <i>Hosted by Dance Fever 3D & Featuring Winners</i> Kaleila Jordan, Ruben Pereya & Toni Pitruzzello	\$	Move Your Muscles Dance Challenge <i>Sponsored by Studio SWEAT onDemand</i> Dance Fever 3D	Tank Tops
5:00	SilenZen <i>Sponsored by Monster HYDRO</i> Christian Woelk and Katie B Happyy	Yoga Mats	TheFitExpo Donation Announced Up to \$500 will be donated to a Cancer Awareness 501c \$1 per person, per workout	TFE Gives Back